

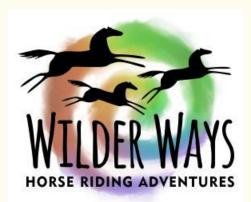
## WILDER WAYS

IT IS THE CALL OF THE WILD, THE WILL OF THE HERD, THE THUNDER OF HOOVES, THE POUND OF YOUR HEART, IT IS RIDING...

### FIRST THINGS FIRST...THANK YOU

There are many bleak words we could all use to describe 2020 and the anticlimactic start to 2021. However, we've got to agree with Oprah Winfrey on this occasion...

"If we concentrate on what we don't have, we will never, ever have enough. Be thankful for what we do have; we'll end up having more".





We have a lot to be thankful for, much of which stems from you guys. Thank you for being an important and positive part of the Wilder Ways story. Over the last year we have had to make a lot of difficult decisions, many of which have directly impacted you. The understanding and compassion you have shown in response has been utterly humbling. Yet your kindness extends further, with continued notes of encouragement - cheering us on through these challenging times. The generosity we received from you over Christmas, well, that tipped us over the edge.

There have been tears and tantrums of course – but it's the tears of joy that keep us motivated. So, here's to you; you who inspire and don't even know it. With your chins held high, being thankful, being you, being safe and always finding opportunities to adventure. We will be ready and waiting, eager to embark on our next adventures together.

In the meantime, from our house to yours, for your kindness and support, our most heartfelt thanks...



@wilderways



<u>@wilderways\_adventures</u>

FOLLOW THE HERD!



Cara, Nikki & The Herd X V

### OUR GREEN RESOLUTIONS

A new year is always a good time for resolutions and, given the amount of time we've had to think about things this last year, we wanted to come up with some considered goals for the next phase of our lives, both within and beyond Wilder Ways. We've thought hard about what is really important to us and realise that some of our emphasis has changed and our goals are not necessarily the same.

First and foremost are, of course, our loved ones, our family and our friends, including those





more recently developed during our adventuring with you wildlings. Also the care of our farm and its many four-legged residents (now up to 69, if you count the chicks).

But one thing we have been seriously considering is our home, our planet – & how to live gently & sustainably upon her. We strive to save energy, to minimise waste and live simply but at the end of each week there is a still pile of plastic wrappers & a sizeable energy bill. Our main goal this year is to try and maximize what we can do to reduce our footprint.



#### HAIR CONDITIONER RECIPE

What you will need:
2 tbsp coconut oil (melted)
100ml coconut milk
the juice of ½ a lemon
4 drops lavender essential oil
4 drops sandalwood essential oil
Method:

Cool the coconut oil, before it solidifies, add the other ingredients & whizz to a paste.



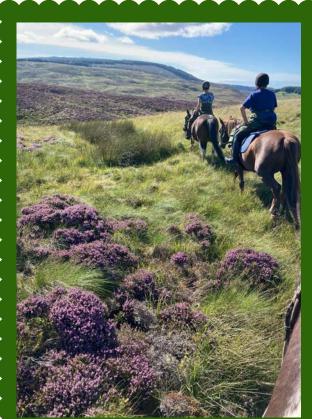


- 1. Switch to a green energy supplier Octopus 100% carbon neutral, very reasonable (and a fun logo).
- 2. Grow more of our own food (vegetables, eggs, lamb and pork) low food miles and good exercise (you try catching a Shetland sheep that doesn't want to be shorn!)
- 3. Shop at the greengrocer and butcher supporting local business and using paper bags.

- 4. Reuse plastic bottles make a greenhouse!
- **5. Reuse old fencing materials** build a pig house!
- 6. Shampoo bars and homemade conditioner avoiding plastic bottles and SLS products we challenge you to try out our hair conditioner recipe
- 7. Trialling an electric bike takes those pesky hills out of the cycling equation and means we can get places by bike when we would normally drive.



# MULL OF KINTYRE ADVENTURES



Kintyre home base and we have an exciting mixture for you to choose from. Scramble through the Kintyre forests, climb heather topped hills to navigate sea cliffs with spectacular views across the Atlantic and feel

the salty air on your cheeks are you gallop

sandy beaches at this beautiful hidden gem on the southwest tip of Scotland.





Why not try your hand at <a href="https://horseback.archery">horseback archery</a> this really is an adventure on your wild side and is accessible to all, even without prior archery or riding experience.

Despite the ongoing challenges we are all facing as a result on the ongoing <u>COVID situation</u>, we are committed to delivering safe and exhilarating adventures throughout 2021 at every opportunity that the Scottish Government permits. The only way we can achieve this is by staying at our home premises in the <u>Mull of Kintyre</u> where we can manage all these challenges and be flexible.

This has required us to make changes to the original 2021 schedule and we are gutted to announce that we have had to postpone this years' highland adventure on the Knoydart peninsula again. All our adventures in 2021 will therefore run from our Mull of







### AN UPDATE ON OUR

### HERD...

2021 is going to be an exciting year for the herd as During the first lockdown we put three of our mares, Kneka, Uisge and Ruby, to a stunning local Irish Draught stallion Danny and bingo.

The foals are due around the end of March/ early April and we are looking forward to greeting these new 'home grown' additions. These little guys will grow up here and become the new generation of Wilder Ways' horses - we can't wait to show you the baby pics! With our Green Resolutions in mind,

you don't get 3 new horses with a much smaller carbon 'hoofprint' than that!

Our other new addition is a youngster Martha, who just joined the herd in December. She is a shaggy gypsy cob of about 13hh who, at 4 has completed basic training and come to spearhead the new generation. So far, her further schooling is going really well and she has shown herself to be a sensible, brave and responsive little horse. She is also very loveable and has a moustache to rival Indi.



### WILDER WAYS MERCH



Your experience doesn't have to end when you leave our farm, have a nosey at our teemill store.

The prints include a range of designs by us and winning competition entries from you Wildlings. All our goodies are made from organic cotton and printed in the UK using 100% renewable power!

Year on year your bookings come in earlier and earlier and we are always excited to launch our calendar of adventures for the year ahead. This year we have lots of longawaited adventures to reschedule as a result of COVID interruptions.

However, more than ever we also all need some great adventures to look forward to. We are therefore using lockdown wisely and working hard to launch next year's schedule earlier than ever before!!!

So watch this space and keep an eye out on our social media platforms because our exciting 2022 adventure holiday calendar is coming very soon....