## RECOMMENDED KIT LIST

The following kit is strongly recommended for your comfort and enjoyment of the ride.
The weather in Scotland can be very changeable, even in the summer.

As a minimum, appropriate footwear is mandatory. You will not be allowed to ride in sandals, trainers or any footwear with ridged soles that could get trapped in the stirrups.

You may wear your own riding helmet (if you have one) but only if it complies with the latest standards (please visit http://www.wilderways.scot/terms.html for full details)

| | ***Checklist √*** |
|---|---|
| Some cash money in pounds sterling (for any tips or local purchases) | |
| Suitable footwear for riding (i.e. hard smooth sole and slight heel) | |
| Waterproof jacket & waterproof trousers | |
| Gloves | |
| Comfortable clothes for riding (i.e. jodhpurs or leggings - jeans not recommended) | |
| Any medication you are taking | |
| Warm clothes and plenty of spare dry ones suitable for riding | |
| Slimline camera (or phone) | |
| Sunscreen and sunglasses (on string) | |
| Insect repellent | |
| Waterproof bag for phone or camera | |
| A shade hat and a woolly hat | |
| Indoor shoes for the evenings | |
| Swimwear | |

## SADDLE BAGS

Our horses work very hard, so we like to limit any 'extra baggage' as they already must carry us and lunch. Therefore, whilst every horse does have a saddle bag, we ask that you carry as little as is necessary (i.e. phone, waterproofs, medication).

If you have any queries about what to bring on your adventure with us, please contact adventures@wilderways.scot and we will be happy to assist.

Best wishes

Cara, Nikki & The Herd